

Women & Headache Day – REGISTRATION FORM

Please print clearly using BLOCK LETTERS and return to address below

I will require _____ tickets @ **£25** each Inc. Refreshments

Name: _____

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- I enclose a cheque made payable to The City of London Migraine Clinic
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the City of London
Migraine Clinic



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Tel: 020 7251 3322 · Fax: 020 7490 2183 · Website: www.migraineclinic.org.uk
Registered Charity no. 1115935 Company Limited by Guarantee (England and Wales), no. 5846538
Registered Office as above

the City of London **Migraine Clinic**

presents the

**WOMEN &
HEADACHE
DAY - 1ST JULY 2010**

Presented by international expert and Medical Director
at the Clinic Dr Anne MacGregor



Can you take the Pill or HRT
if you have migraine?

The City of London Migraine Clinic – Only able to care because you do

Women & Headache Day 1st July 2010

The programme is as follows:

- 9.30 Welcome & Coffee
- 10.00 What's the link between hormones and headaches?
-From puberty to menopause
- 11.00 Medication overuse headache
- 12.00 Lunch Break
- 13.00 Headaches in pregnancy
- 14.00 The Pill for migraine?
- 15.00 Roundup and Tea and Coffee



About our Women & Headache Day

By virtue of hormones, women are much more troubled by headaches and migraine than men. These can worsen during their most productive years, severely blighting both home and work life. Many women live in dread of their menstrual period knowing that they will suffer incapacitating headaches for up to 3-4 days every month. Confusion surrounds whether it is safe to take the pill, treat headaches during pregnancy or to take HRT. Women are so terrified of making headaches worse that they often resort to using medications and treatments which simply don't work. They wonder if they are normal and whether headaches will ever get better.

In this comprehensive programme leading headache doctors will tackle all the issues that affect women as they strive to control their headaches. Our experts will explain what is happening, what the choices are and provide guidance on how best to manage. Armed with this knowledge women will be in a far stronger position to minimise the devastating impact headaches and migraine can have at different stages in their lives.

About the Speakers

Dr. E.A. MacGregor MD MFSRH MICR is Hon. Director of Clinical Research at the Clinic. She is also attached to Barts and the London School of Medicine and Dentistry and to Barts Hospital. She has a particular interest in the link between hormonal changes and headaches in women and through her research has delineated menstrual and menstrually-related migraine.



Dr. G. Elrington MD is consultant neurologist at Barts and The London and has practices in Essex and London, from which he carries out sessions for PCTs, as well as private and medicolegal work. He is a general neurologist with interests in headache, rehabilitation, neuropsychiatry and MS. He is a Trustee for the City of London Migraine Clinic.

About the City of London Migraine Clinic

The City of London Migraine Clinic - a registered medical charity founded in 1980 - provides access to a team of doctors with a specialist interest in the management of migraine and other headaches. We offer outpatient appointments to all patients from the UK and abroad by prior arrangement. We are the only independent migraine charity who provides treatment for primary headaches. We receive no government funding, but work with PCTs and hospitals to help reduce waiting times and improve care for headache sufferers. The feedback we receive speaks for itself, with 90% of patients stating the service they receive from us is 'excellent'.

Research into the causes of migraine and other headaches is also undertaken. Standard treatments for migraine as defined by the International Headache Society have resulted from our studies. Our findings are fundamental to the advice given by the NHS, various migraine charities and the British Association for the Study into Headaches. We continue to study drug and non-drug treatments for migraine at the Clinic in peer reviewed clinical trials. Patients may be given the opportunity to try new treatments in a clinical study. We ask our patients to consider taking part in current or future trials, but there is no obligation and the care we provide is not affected in any way.

Practicalities

The Women & Headache Day will be held at: **Derek Willoughby Lecture Theatre, Barts & The London School of Medicine & Dentistry, Charterhouse Square Campus, Charterhouse Square, London, EC1M 6BQ.** (Nearest tube stations are Barbican and Farringdon).

If you would like to attend the Women & Headache Day, please **complete and send the registration form** on the back page of this brochure with payment.

The fee for the Women & Headache Day is £25 pp Inc. Refreshments